

*Fishguard Flyers Club Records update since June 2017*

LONGCOURSE

<i>age/gender</i>	<i>event</i>	<i>name</i>	<i>time</i>	<i>venue</i>	<i>date</i>
<b>Welsh Summer Nationals</b>					
11 boys	100 brst	Zac West	1:44.60	WNP	Summer 2017
12 girls	50 brst	Rachael Lewis	39.69	WNP	Summer 2017
16 boys	100 fc	Rhys Davies	58.02	WNP	Summer 2017
16 boys	200fc	Rhys Davies	2:08.03	WNP	Summer 2017
16 boys	400fc	Rhys Davies	4:35.79	WNP	Summer 2017
16 boys	1500fc	Rhys Davies	18:23.60	WNP	Summer 2017
16 boys	50bc	Rhys Davies	31.20	WNP	Summer 2017
16 boys	100bc	Rhys Davies	1:04.77	WNP	Summer 2017
16 boys	200bc	Rhys Davies	2:18.99	WNP	Summer 2017
16 boys	200IM	Rhys Davies	2:23.33	WNP	Summer 2017
<b>Swansea Autumn LC meet</b>					
16 boys	100brst	Rhys Davies	1:21.11	WNP	Nov-17
16 boys	400IM	Rhys Davies	5:08.37	WNP	Nov-17
<b>Welsh Winter Nationals</b>					
13 girls	50 brst	Rachael Lewis	39.19	WNP	Dec-17
13 girls	100 brst	Rachael Lewis	1:24.75	WNP	Dec-17
16 boys	50bc	Rhys Davies	30.68	WNP	Dec-17
16 boys	100bc	Rhys Davies	1:04.28	WNP	Dec-17
16 boys	200bc	Rhys Davies	2:15.60	WNP	Dec-17
16 boys	400IM	Rhys Davies	5:04.81	WNP	Dec-17
<b>RCT Cardiff</b>					
11 boys	100 brst	Zac West	1:42.09	ClntPool	Jan-18
11 boys	100 bc	Zac West	1:28.18	ClntPool	Jan-18
<b>New Year Pentathlon</b>					
9 girls	100 fly	Victoria Horne	1:56.99	WNP	Jan-17

SHORTCOURSE

<i>age/gender</i>	<i>event</i>	<i>name</i>	<i>time</i>	<i>venue</i>	<i>date</i>
<b>Pembrokeshire Championships 2017</b>					
8 boys	50bc	Dexter West	47.24	HFW	Oct-17
8 boys	50brst	Dexter West	58.46	HFW	Oct-17
9 girls	50 bc	Victoria Horne	43.15	HFW	Oct-17
11 boys	50bc	Zac West	38.32	HFW	Oct-17
11 boys	100bc	Zac West	1:23.82	HFW	Oct-17
11 boys	200bc	Zac West	2:53.89	HFW	Oct-17
11 boys	200 IM	Zac West	3:03.73	HFW	Oct-17
12 girls	50brst	Rachael Lewis	39.20	HFW	Oct-17
<b>Sub-Regionals 2017</b>					
11 boys	400fc	Zac West	5:50.47	HFW	Nov-17
11 boys	1500fc	Zac West	22:32.77	HFW	Nov-17
16 boys	200brst	Rhys Davies	2:40.64	HFW	Nov-17
<b>Christmas Cracker 2017</b>					
12 boys	50bc	Hans Schmidt	38.59	Carmarthe	Dec-17
11 girls	50bc	Kayleigh Reed	39.62	Carmarthe	Dec-17

9 girls	100 bc	Victoria Horne	1:37.43	WNP	Jan-17
9 girls	100 brst	Victoria Horne	1:59.70	WNP	Jan-17
9 girls	100 fc	Victoria Horne	1:27.86	WNP	Jan-17

**City of Derby meet**

16 boys	50bc	Rhys Davies	30.45	Sheffield	Jan-17
16 boys	200fc	Rhys Davies	2:08.02	Sheffield	Jan-17