

# Pembrokeshire County Swimming Performance Squads

National Performance	National	Junior National	Senior Academy	Junior Academy
Rhys Davies (Pemb)	Rory Andrews (H/west)	Toby Price (Tenby)	Grace Thomas (M/ford)	Not Running this cycle due to coaching cover
Bethan Jones (Pemb)	Rachael Lewis (Fish)	Hans Schmidt (Fish)	Allessia Puglia Wahlberg(M/ford)	
Rosie Llewellyn (Pemb)	Francesca Robinson (H/west)	Benjamin Butcher (H/west)	Marilla Evans (Pemb)	
Lauren Omnet (Pemb)	Jessica Sandy (M/ford)	Kayleigh Reed (Fish)	Evie Goddard (H/west)	
Louisa Twigg (Hwest)	Toby Sturley (Pemb)	Rhannon Clapham (Fish)	Chloe Hale (H/west)	
Tomas Webb (Hwest)	Henry White (H/west)	Zac West (Fish)	Roxanne Haley (Tenby)	
Charlotte Whalley (Pemb)	Tayla Wilson (Pemb)	Amy Knowles (H/west)	Lois Gail (H/West)	
Sean Barrett (H/west)	Kayleigh Fischer (Fish)	Enfys Griffiths (H/west)	James Arding (Tenby)	
	Caera Lewis (Pemb)	Eleanor White (H/west)	Maggie-May Sturley (Pemb)	
	Amy White (H/west)	Ffion Moses (H/west)	Abigail Thomas (Pemb)	
	Seran Griffiths (H/west)	Dewi Thomas (H/west)	Alys Webb (H/west)	
	Sophie Knol (H/west)	Ffion Barnkel (Tenby)	Holly-Jane Callen (Pemb)	
		Alexa Horne (Fish)	Lucy John (H/west)	
		Robbie Ralph (H/West)	Nia James (Hwest)	
			Toni Spiller (Tenby)	
			Ffion Owen (Fish)	
			Rhys Caygill (Fish)	
			James Devonald (H/west)	
			Owen Fletcher (H/west)	
			Edward Lister (Pemb)	
			Cai Owen (H/west)	
			Steffan Bridge (H/west)	
			Ellis Robinson (H/west)	
			Erin Allen (H/West)	
			Victoria Horne (Fish)	
			Sammy Montgomery (Fish)	
			Erin McDonald (H/West)	





