Urdd Gobaith Cymru

November 2018

SECONDARY SCHOOL URDD SWIMMING GALA Tuesday, November 13th, 2018

Annwyl Gyfaill

The Pembrokeshire Urdd Swimming Gala for secondary schools will be held at <u>Tenby</u> <u>Leisure Centre on Tuesday evening</u>, <u>November 13th between 7:00p.m and 9:00p.m</u>. *Please note that this dat is around two weeks earlier than in previous years. I realise that the date may not be convenient to all but this time of year it is virtually impossible to suit everybody's diary. If you wish to suggest dates and/or locations for the 2019 gala you are welcome to do so, it must be held between October 1st and November 30th.

I enclose in this booklet -

- the Gala Rules and details of races.
- A letter regarding new inclusive races
- A copy of the Swim Wales Rules
- An Excel form to help you construct a list of swimmers.

Idealy I would like to receive your entries electronically through this form although I will accept entries by other means. To receive a blank electronic copy please email dyfedsion@urdd.org. I would like to receive the completed forms by Monday lunchtime, November 12th please to help us prepare. We will still accept competitors on the night but this

Canolfan yr Urdd Pentre Ifan, Felindre Farchog, Crymych, Sir Benfro. SA41 3XE Ffôn a Ffacs: 01239 820317 Symudol: 07976 003331 E-bost: <u>dyfedsion@urdd.org</u>



does slow down the evening considerably and we have in some previous years been over 30 minutes late due to the amount of on the night entries and changes.

Remember the new race added a few years ago. As well as the usual Freestyle and Medley races held individually for Boys and Girls there is a FREESTYLE Mixed Relay for two boys and two girls (was Medlay last year)

Each School is allowed one team <u>ONLY</u> for <u>each</u> relay race, but once again this year there is no restriction on the number of swimmers allowed from each school in each race, and although there is limited space against each race on the form you may continue by inserting a line. No single individual is allowed to compete in more than two <u>individual</u> races (Including the IM) plus two <u>relay</u> races (4 entries in total). All members must swim within their age group and cannot move up to a higher age group event.

I implore you to arrive early on the evening as not to keep swimmers waiting. I will be there from 5:45pm to collect any late entries and Urdd Membership subs. If you intend making changes/entries on the night please arrive by 6:30 **at the latest.**

Remember that every competitor must be a member of the Urdd for the year 2018-2019. For those not up-to-date I will accept this year's fee of £7 on the night.

The winners of each race will go forward to represent the county at the National Urdd Gala to be held at the National 50 meter pool at Cardiff on **Sunday, January 27th**

If you have any query regarding the gala, please do not hesitate to contact us.

Dyfed Sion Urdd Development Officer for Pembrokeshire

