

## Individual Meet Results

**West Wales Regionals 2019 01-Feb-19 to 10-Feb-19 [Ageup: 31/12/2019] SC Meters**  
**Sanction: WL190039/40 Location: Haverfordwest Leisure Centre**  
**Fishguard Flyers SC [FISY]**

| Time                           | F/P/S   | Event                     | Place | Points | Improv |
|--------------------------------|---------|---------------------------|-------|--------|--------|
| <b>Mia Adams (11) F</b>        |         |                           |       |        |        |
| 1:00.04S                       | P # 37A | Female 11-11 50 Breast    | 20    | ---    | 1.34   |
| 54.88S                         | P # 60A | Female 11-11 50 Back      | 28    | ---    | 1.80   |
| <b>Rhys Caygill (12) M</b>     |         |                           |       |        |        |
| 23:34.98S                      | F # 1B  | Male 12-12 1500 Free      | 1     | ---    | -29.27 |
| 1:16.16S                       | P # 10B | Male 12-12 100 Free       | 6     | ---    | -11.13 |
| 1:16.80S                       | F # 10B | Male 12-12 100 Free       | 7     | ---    | -10.49 |
| <b>Patrick Clapham (18) M</b>  |         |                           |       |        |        |
| 32.97S                         | F # 14D | Male 17 & Over 50 Fly     | 6     | ---    | -1.42  |
| 33.58S                         | P # 14D | Male 17 & Over 50 Fly     | 7     | ---    | -0.81  |
| 29.84S                         | F # 29D | Male 17 & Over 50 Free    | 7     | ---    | -0.81  |
| 30.31S                         | P # 29D | Male 17 & Over 50 Free    | 9     | ---    | -0.34  |
| 39.46S                         | P # 43D | Male 17 & Over 50 Breast  | 6     | ---    | 0.43   |
| 38.33S                         | P # 53D | Male 17 & Over 50 Back    | 6     | ---    | 1.41   |
| <b>Rhiannon Clapham (14) F</b> |         |                           |       |        |        |
| 37.07S                         | P # 3B  | Female 14-14 50 Back      | 12    | ---    | -3.09  |
| 2:29.44S                       | F # 18B | Female 14-14 200 Free     | 7     | ---    | -5.21  |
| 1:09.21S                       | P # 21B | Female 14-14 100 Free     | 11    | ---    | -2.05  |
| 2:43.66S                       | F # 28B | Female 14-14 200 Back     | 8     | ---    | -4.93  |
| 42.41S                         | P # 30B | Female 14-14 50 Breast    | 9     | ---    | -4.22  |
| 1:19.56S                       | P # 38B | Female 14-14 100 Back     | 14    | ---    | -1.25  |
| 30.84S                         | P # 42B | Female 14-14 50 Free      | 8     | ---    | -1.68  |
| 31.47S                         | F # 42B | Female 14-14 50 Free      | 8     | ---    | -1.05  |
| 2:49.50S                       | F # 45B | Female 14-14 200 IM       | 9     | ---    | -2.98  |
| 3:13.02S                       | F # 52B | Female 14-14 200 Breast   | 9     | ---    | -18.53 |
| 5:16.53S                       | F # 57B | Female 14-14 400 Free     | 6     | ---    | -3.96  |
| 1:29.44S                       | P # 62B | Female 14-14 100 Breast   | 9     | ---    | -3.54  |
| 37.60S                         | F # 70  | 200 Medley Relay Lead Off | ---   | ---    | -2.56  |
| <b>Kayleigh Fischer (14) F</b> |         |                           |       |        |        |
| 34.71S                         | F # 3B  | Female 14-14 50 Back      | 4     | ---    | 0.69   |
| 35.35S                         | P # 3B  | Female 14-14 50 Back      | 7     | ---    | 1.33   |
| 1:12.29S                       | P # 21B | Female 14-14 100 Free     | 18    | ---    | 1.51   |
| 2:36.55S                       | F # 28B | Female 14-14 200 Back     | 3     | ---    | -0.04  |
| 40.31S                         | P # 30B | Female 14-14 50 Breast    | 5     | ---    | 1.25   |
| 40.32S                         | F # 30B | Female 14-14 50 Breast    | 5     | ---    | 1.26   |
| 1:11.64S                       | F # 38B | Female 14-14 100 Back     | 3     | ---    | -1.68  |
| 1:13.24S                       | P # 38B | Female 14-14 100 Back     | 4     | ---    | -0.08  |
| 34.03S                         | F # 54B | Female 14-14 50 Fly       | 7     | ---    | -1.05  |
| 34.96S                         | P # 54B | Female 14-14 50 Fly       | 8     | ---    | -0.12  |
| 5:27.79S                       | F # 57B | Female 14-14 400 Free     | 8     | ---    | 13.16  |
| 1:26.58S                       | F # 62B | Female 14-14 100 Breast   | 5     | ---    | -0.65  |
| 1:28.63S                       | P # 62B | Female 14-14 100 Breast   | 5     | ---    | 1.40   |
| 31.81S                         | F # 78  | 200 Free Relay Lead Off   | ---   | ---    | 0.01   |
| <b>Ella Forster (13) F</b>     |         |                           |       |        |        |
| NS                             | P # 54A | Female 13-13 50 Fly       | ---   | ---    | ---    |
| NS                             | F # 57A | Female 13-13 400 Free     | ---   | ---    | ---    |
| NS                             | P # 62A | Female 13-13 100 Breast   | ---   | ---    | ---    |

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|------------------------------|------------|-------------------------|-------|--------|--------|
| <b>Alexa Horne (13) F</b>    |            |                         |       |        |        |
| 11:38.22S                    | F # 2C     | Female 13-13 800 Free   | 5     | ---    | 11.59  |
| 2:34.48S                     | F # 18A    | Female 13-13 200 Free   | 5     | ---    | -3.67  |
| 1:11.76S                     | P # 21A    | Female 13-13 100 Free   | 9     | ---    | 0.38   |
| 2:49.24S                     | F # 28A    | Female 13-13 200 Back   | 3     | ---    | -2.78  |
| 41.77S                       | F # 30A    | Female 13-13 50 Breast  | 8     | ---    | 0.93   |
| 42.26S                       | P # 30A    | Female 13-13 50 Breast  | 8     | ---    | 1.42   |
| 1:19.51S                     | F # 38A    | Female 13-13 100 Back   | 4     | ---    | -0.39  |
| 1:20.08S                     | P # 38A    | Female 13-13 100 Back   | 4     | ---    | 0.18   |
| 33.17S                       | P # 42A    | Female 13-13 50 Free    | 11    | ---    | 0.63   |
| 3:11.40S                     | F # 52A    | Female 13-13 200 Breast | 4     | ---    | -3.58  |
| NS                           | P # 62A    | Female 13-13 100 Breast | ---   | ---    | ---    |
| <b>Victoria Horne (11) F</b> |            |                         |       |        |        |
| 1:40.27S                     | P # 15A    | Female 11-11 100 Breast | 3     | ---    | -1.11  |
| 1:40.49S                     | F # 15A    | Female 11-11 100 Breast | 3     | ---    | -0.89  |
| 33.62S                       | F # 19A    | Female 11-11 50 Free    | 4     | ---    | -1.41  |
| 34.49S                       | P # 19A    | Female 11-11 50 Free    | 5     | ---    | -0.54  |
| 3:12.65S                     | F # 22A    | Female 11-11 200 IM     | 6     | ---    | -24.25 |
| 3:01.81S                     | DQ F # 34A | Female 11-11 200 Back   | ---   | ---    | ---    |
| 45.71S                       | P # 37A    | Female 11-11 50 Breast  | 2     | ---    | -1.29  |
| 46.31S                       | F # 37A    | Female 11-11 50 Breast  | 3     | ---    | -0.69  |
| 6:06.54S                     | F # 40A    | Female 11-11 400 Free   | 4     | ---    | 9.20   |
| 1:24.08S                     | F # 49A    | Female 11-11 100 Back   | 3     | ---    | -2.08  |
| 1:24.77S                     | P # 49A    | Female 11-11 100 Back   | 4     | ---    | -1.39  |
| 1:15.14S                     | P # 58A    | Female 11-11 100 Free   | 6     | ---    | -3.50  |
| 1:15.75S                     | F # 58A    | Female 11-11 100 Free   | 6     | ---    | -2.89  |
| 38.21S                       | P # 60A    | Female 11-11 50 Back    | 4     | ---    | -1.82  |
| 38.57S                       | F # 60A    | Female 11-11 50 Back    | 4     | ---    | -1.46  |
| <b>Angharad John (11) F</b>  |            |                         |       |        |        |
| 46.74S                       | P # 19A    | Female 11-11 50 Free    | 22    | ---    | 0.52   |
| <b>Rachael Lewis (15) F</b>  |            |                         |       |        |        |
| NS                           | F # 6C     | Female 15-16 400 IM     | ---   | ---    | ---    |
| NS                           | P # 11C    | Female 15-16 100 Fly    | ---   | ---    | ---    |
| NS                           | F # 18C    | Female 15-16 200 Free   | ---   | ---    | ---    |
| NS                           | P # 30C    | Female 15-16 50 Breast  | ---   | ---    | ---    |
| 29.38S                       | F # 42C    | Female 15-16 50 Free    | 2     | ---    | -0.65  |
| 29.41S                       | P # 42C    | Female 15-16 50 Free    | 2     | ---    | -0.62  |
| NS                           | F # 45C    | Female 15-16 200 IM     | ---   | ---    | ---    |
| NS                           | F # 52C    | Female 15-16 200 Breast | ---   | ---    | ---    |
| 31.48S                       | F # 54C    | Female 15-16 50 Fly     | 4     | ---    | -1.13  |
| 31.59S                       | P # 54C    | Female 15-16 50 Fly     | 3     | ---    | -1.02  |
| NS                           | F # 57C    | Female 15-16 400 Free   | ---   | ---    | ---    |
| NS                           | P # 62C    | Female 15-16 100 Breast | ---   | ---    | ---    |
| <b>Megan Miles (11) F</b>    |            |                         |       |        |        |
| 55.76S                       | P # 37A    | Female 11-11 50 Breast  | 16    | ---    | -3.49  |
| 50.12S                       | P # 60A    | Female 11-11 50 Back    | 26    | ---    | -1.15  |

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| <b>Time</b>                     | <b>F/P/S</b> | <b>Event</b>            | <b>Place</b> | <b>Points</b> | <b>Improv</b> |
|---------------------------------|--------------|-------------------------|--------------|---------------|---------------|
| <b>Samuel Montgomery (11) M</b> |              |                         |              |               |               |
| 42.46S                          | F # 4A       | Male 11-11 50 Fly       | 2            | ---           | 0.46          |
| 43.14S                          | P # 4A       | Male 11-11 50 Fly       | 2            | ---           | 1.14          |
| 1:18.88S                        | P # 10A      | Male 11-11 100 Free     | 2            | ---           | -3.65         |
| 1:19.94S                        | F # 10A      | Male 11-11 100 Free     | 2            | ---           | -2.59         |
| 3:03.37S                        | F # 16A      | Male 11-11 200 Back     | 1            | ---           | -8.74         |
| 38.81S                          | P # 24A      | Male 11-11 50 Back      | 1            | ---           | -0.79         |
| 39.12S                          | F # 24A      | Male 11-11 50 Back      | 2            | ---           | -0.48         |
| 2:58.02S                        | F # 31A      | Male 11-11 200 Free     | 2            | ---           | -12.90        |
| 1:25.32S                        | P # 44A      | Male 11-11 100 Back     | 1            | ---           | -3.05         |
| 1:25.78S                        | F # 44A      | Male 11-11 100 Back     | 1            | ---           | -2.59         |
| 35.78S                          | F # 48A      | Male 11-11 50 Free      | 3            | ---           | 0.87          |
| 36.52S                          | P # 48A      | Male 11-11 50 Free      | 3            | ---           | 1.61          |
| NS                              | P # 55A      | Male 11-11 100 Fly      | ---          | ---           | ---           |
| <b>Hans Schmidt (14) M</b>      |              |                         |              |               |               |
| 1:09.36S                        | F # 5B       | Male 14-14 100 Back     | 3            | ---           | -3.18         |
| 1:10.60S                        | P # 5B       | Male 14-14 100 Back     | 3            | ---           | -1.94         |
| 2:46.82S                        | F # 13B      | Male 14-14 200 Breast   | 1            | ---           | -0.42         |
| 4:57.04S                        | F # 17B      | Male 14-14 400 Free     | 3            | ---           | -4.02         |
| 2:31.14S                        | F # 23B      | Male 14-14 200 Back     | 3            | ---           | -7.76         |
| 1:14.97S                        | F # 26B      | Male 14-14 100 Breast   | 1            | ---           | -2.12         |
| 1:16.09S                        | P # 26B      | Male 14-14 100 Breast   | 1            | ---           | -1.00         |
| 29.64S                          | F # 29B      | Male 14-14 50 Free      | 6            | ---           | -0.95         |
| 30.19S                          | P # 29B      | Male 14-14 50 Free      | 8            | ---           | -0.40         |
| NS                              | F # 36D      | Male 14-14 800 Free     | ---          | ---           | ---           |
| NS                              | P # 43B      | Male 14-14 50 Breast    | ---          | ---           | ---           |
| NS                              | F # 46B      | Male 14-14 200 IM       | ---          | ---           | ---           |
| NS                              | P # 53B      | Male 14-14 50 Back      | ---          | ---           | ---           |
| NS                              | F # 56B      | Male 14-14 400 IM       | ---          | ---           | ---           |
| NS                              | P # 61B      | Male 14-14 100 Free     | ---          | ---           | ---           |
| 29.31S                          | F # 83       | 200 Free Relay Lead Off | ---          | ---           | -1.28         |

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|------------------------|--------------|-----------------------|--------------|---------------|---------------|
| <b>Zac West (13) M</b> |              |                       |              |               |               |
| 1:14.61S               | F # 5A       | Male 13-13 100 Back   | 2            | ---           | -4.88         |
| 1:17.36S               | P # 5A       | Male 13-13 100 Back   | 2            | ---           | -2.13         |
| 34.71S                 | F # 14A      | Male 13-13 50 Fly     | 3            | ---           | -1.02         |
| 36.07S                 | P # 14A      | Male 13-13 50 Fly     | 3            | ---           | 0.34          |
| 5:31.38S               | F # 17A      | Male 13-13 400 Free   | 4            | ---           | 12.11         |
| 2:50.22S               | F # 23A      | Male 13-13 200 Back   | 2            | ---           | -0.29         |
| 1:26.68S               | F # 26A      | Male 13-13 100 Breast | 1            | ---           | -4.60         |
| 1:34.26S               | P # 26A      | Male 13-13 100 Breast | 4            | ---           | 2.98          |
| 31.28S                 | F # 29A      | Male 13-13 50 Free    | 3            | ---           | -2.21         |
| 32.69S                 | P # 29A      | Male 13-13 50 Free    | 3            | ---           | -0.80         |
| 11:08.72S              | F # 36C      | Male 13-13 800 Free   | 2            | ---           | ---           |
| 1:17.40S               | F # 39A      | Male 13-13 100 Fly    | 2            | ---           | -8.89         |
| 1:24.88S               | P # 39A      | Male 13-13 100 Fly    | 5            | ---           | -1.41         |
| 2:45.36S               | F # 46A      | Male 13-13 200 IM     | 2            | ---           | -8.75         |
| 34.37S                 | F # 53A      | Male 13-13 50 Back    | 2            | ---           | -0.62         |
| 36.46S                 | P # 53A      | Male 13-13 50 Back    | 4            | ---           | 1.47          |
| 1:10.25S               | F # 61A      | Male 13-13 100 Free   | 5            | ---           | -1.65         |
| 1:12.16S               | P # 61A      | Male 13-13 100 Free   | 6            | ---           | 0.26          |