



**Pembrokeshire County Swimming
CLOSED CHAMPIONSHIPS 2019
(Licensed Meet)**

Saturday 12th & Sunday 13th October 2019

At

Haverfordwest Leisure Centre

License No: 3WL19XXXX

Closing Date: Wednesday 18th September





Pembrokeshire County Swimming

CLOSED CHAMPIONSHIPS 2019

(Licensed Meet)

Saturday 12th & Sunday 13th October 2019

At

Haverfordwest Leisure centre

- **25 metre pool, Electronic timing**
- **No Times Required**

Boys + Girls (age as of 13th October)

8/U, 9/10, 11/12 13/14, 15/OV

50m + 100m + 200m All HDW

200m IM qualify for SKINS Final

All Relays are 200m (4 x 50m) HDW

MEDAL PLACES: 1st, 2nd & 3rd.

Individual Prizes for SKINS EVENT.

AWARD FOR TOP CLUB

Individual Events: £4.50 per event

Relay Events: Free entry.

Closing Date: Wednesday 18th September



Pembrokeshire County Swimming

CLOSED CHAMPIONSHIPS 2019

Ages as of 13th October 2019

Warm up: 8:00am, Start 9:00am.

<i>Saturday 12th October</i>	<i>Sunday 13th October</i>
<u>Session 1</u>	<u>Session 4</u>
1/2) Girls/Boys 200m Backstroke	21/22) Boys/Girls 200 Butterfly
3/4) Girls/Boys 50m Butterfly	23/24) Boys/Girls 100m IM
5/6) Girls/Boys 100m Breaststroke	25/26) Boys/Girls 100m Freestyle
Break	Break
<u>Session 2</u>	<u>Session 5</u>
7/8) Girls/Boys 200m Individual Medley	27/28) Boys/Girls 100m Backstroke
9/10) Girls/Boys 50m Backstroke	29/30) Boys/Girls 50m Breaststroke
11/12) Girls/Boys 100m Butterfly	31/32) Boys/Girls 200m Freestyle
Lunch	Lunch
<u>Session 3</u>	<u>Session 6</u>
13/14) Girls/Boys 13/U SKINS final for 200m IM	33/34) Boys/Girls 10/U Medley Relay
15/16) Girls/Boys 14/OV SKINS final for 200m IM	35/36) Boys/Girls 12/U Medley Relay
17/18) Girls/Boys 50m Freestyle	37/38) Boys/Girls 14/U Medley Relay
19/20) Girls/Boys 200m Breaststroke	39/40) Boys/Girls Open Medley Relay
	41/42) Boys/Girls 10/U Freestyle Relay
	43/44) Boys/Girls 12/U Freestyle Relay
	45/46) Boys/Girls 14/U Freestyle Relay
	47/48) Boys/Girls Open Freestyle Relay



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Payment Summary Sheet

Please complete the following payment Summary sheet and return entries. Please make cheques payable to “**Pembrokeshire County Swimming**”

Club:

Contact Name and Telephone Number:

Email Address:

	Number		
Total Entries for BOYS		@ £4.50	£
Total Entries for GIRLS		@ £4.50	£
Total Amount Enclosed			£

Return to: Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS

Email: robwilliams1145@gmail.com



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Poolside Pass Application Form

Please note that all applications for poolside passes from Coaches, Team Managers, and Poolside Helpers etc, must be accompanied by a Swim Wales or ASA Membership Number and a current DBS number.

Please complete in BLOCK CAPITALS.

Full Name:
Name of Club:
Position (e.g. Team Manager):
Address:
.....
Postcode:
Telephone Number:
SWIM WALES / ASA Membership No:
CRB Number: Date of Issue:
E-mail Address: -

A maximum of 4 coaches allowed on poolside.

Passes will not be authorised on the day.

**Please return with entries to: Rob Williams, 12 Park Terrace, Pontarddulais,
Swansea. SA4 8HS
Email: robwilliams1145@gmail.com**



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Competition rules and conditions

- 1). All events are HDW.
- 2). All swimmers must be members of Pembrokeshire County Swimming + their home club (H/West, Tenby, Milford, Fishguard, Pembroke and Preseli).
- 3). Entries will be seeded slowest to fastest from submitted times.
- 4). NO late entries will be accepted.
- 5). Swimmers must report to Marshalling Area 2 events prior to their event.
- 6). No refunds will be given unless provided by a doctor's certificate.
- 7). Only 4 club Coach/TM on poolside and must hold a pass which can be authorised prior to meet.
- 8). Swimmers must have attained the standard of competitive Start Award in order to start from the blocks (this is the responsibility of the club coach).
- 9). Swimmers who have not attained the standard must lower themselves over the side into the water, on the long whistle of the referee before starting at an appropriate place.
- 10). When a competition involves children under the age of 18 years of age it is a mandatory meet license requirement that all persons (including competitors/ officials / volunteers / spectators), wishing to engage in any kind of photographic activity including video, zoom, close range photography, irrespective of the

nature of the device / equipment used for taking / recording such images must register their details with the event management in advance of taking any images.

This includes; but is not limited to:

Still Cameras, Cine Cameras, Video Cameras, Camera /

Video enabled mobile phones and Camera enabled PDA's

Proof of identity is required to register any photographic / video equipment.

11). Jewellery for safety and security reasons is not permitted while in the water during warm up, swim down or competition, Pembrokeshire County Swimming will not be responsible for any jewellery lost or damaged during the competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings.

12). All participants must observe the safety precautions in operation at Haverfordwest Leisure Centre. Pembrokeshire County Swimming will not be responsible for any loss or damage occurring during this meet.

13). Any matters concerning the meet not covered in these rules will be dealt with according to the laws of the sport and at the discretion of the promoter. The promoter reserves the right to amend the Meet rules at their discretion.

14). Unacceptable behaviour

Behaviour becomes "unacceptable" when it is considered "offensive" to others; this includes, but is not limited to the following:

Theft, wilful damage to property or equipment, acts of vandalism, abuse of alcohol or drugs, bullying, offensive language, aggressive/violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions or directions and actions that bring the sport of swimming into disrepute.