

**WEST WALES REGION
'NO TIME' GALA 2020**

SUNDAY, 22nd March 2020

at

Carmarthen Leisure Centre

License No: 3WL200041

**CLOSING DATE:
Monday, 2nd March 2020**

This gala is designed for swimmers who have yet to record times in the events present in this programme or whose most recent short course time for an event is older than 12 months on the day of the meet.

WEST WALES REGION –‘NO TIME’ GALA 2020

Sunday, 22nd March 2020

This meet will be swum under the following rules and conditions:
FINA Technical Rules, Swim Wales Laws,
West Wales ‘No Time’ Gala 2020 Meet Conditions.

Carmarthen Leisure Centre.

MEET INFORMATION

1. This competition is designed for swimmers aged 9 – 12 years (by 31st December 2020):
 - Who hold no Short Course time in an event
 - Whose most recent Short Course time is older than 12 months on the day of the Meet.

Please note that should the meet organisers become aware that a swimmer has submitted an entry for an event in which they already have a ‘ranking’ time achieved within the 12 months prior to this meet, the competition committee reserves the right to exclude that swimmer from the whole of the competition.
2. The entry fees for the ‘No Time’ Gala will be £4.00 per event. Swimmers may enter a MAXIMUM of 5 events.
3. All events will be HDW.
4. Age shall be as of 31st December 2020.
5. Entries may only be accepted from competitors registered as members of Affiliated Clubs, holding either primary or multi registration membership within the West Wales Region.
6. Entries will be accepted up to the maximum which can be accommodated in the time available. However, should the meet be oversubscribed then the Management Committee reserves the right to return entries. In this situation ‘scratching’ will begin with the youngest age group swimmers.
7. Please note that no refund of entry fees will be made for withdrawals after the closing date (Monday, 2nd March 2020) except with a doctor’s note. In this situation, the doctor’s note will only be accepted until mid-day on the day before the meet.
8. Swimmers must only swim for one club during the gala.
9. Competitors must have been registered members of the club in whose name they are entered at least 30 days prior to the day of the Meet.
10. All decisions made by the Meet Director will be final and binding.

Entries

Where possible entries should be sent electronically using Hy-Tek Team Manager. The events file for use with TM is available from the West Wales web site at:

www.westwaleswim.org.uk

Electronic entries should be emailed to:

robwilliams1145@gmail.com

If electronic entry is not being used then completed entry forms should be sent to: Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS.

Clubs that require a paper copy of the confirmation of entries should include a Stamped Addressed Envelope.

Entries from clubs should be accompanied by a Payment Summary Sheet and a SINGLE cheque to cover all entries and coach/chaperone poolside passes. Cheques should be payable to "West Wales Region – Swim Wales".

Please note that entries will be refused if:

- they are received without the relevant fee
- they are completed incorrectly (Membership number must be included)
- they are received after the closing date of Monday, 2nd March 2020.

Age Groups and Events

The following age groups may enter events as shown below

9 – 12 Years	50 meters Butterfly, Backstroke, Breaststroke and Freestyle
9 – 12 Years	100 meters Butterfly, Backstroke, Breaststroke and Freestyle
9 Years ONLY	100 meters Individual Medley
10 – 12 Years	200 meters Butterfly, Backstroke, Breaststroke and Freestyle
10 – 12 Years	200 meters Individual Medley

Swimmers may enter a MAXIMUM of 5 events

Medals and Awards

The aim of this gala is to allow swimmers to record times that would then enable them to enter open meets in the future. Medals will not be awarded for individual events.

Spectators

Admission charges:

£3.00 per session
£7.00 per day

Please Note: The Spectator Area must be cleared at the end of each session.

Mobile Phones

Mobile phones must **not** be used at all in the building.

Session Times

To be confirmed following receipt of entries. Please forward SAE if you require printed copies of the documentation.

Events

Events will be held as shown on the included programme of events.

Officials

Each Club is requested to supply at least two qualified officials per session. Officials will be required to follow the protocol which can be down loaded from the Swim Wales web site.

Meet Procedure

Heats

Coaches should ensure that swimmers make themselves available for marshalling at least 2 events prior to the event they are competing in.

Starts

Over the top starts will, where necessary or appropriate, be used during the gala.

Passes

All Coaches and Chaperones who will be on the poolside at any time during the competition, must have individual accreditation obtained by completing the official form enclosed in this Information Pack. Completed forms must be accompanied by a passport size photograph.

Each club will be permitted to purchase a **maximum of 3** poolside passes. Poolside passes will be transferrable between coaches and chaperones **from the same club** who have completed an official accreditation form.

Accredited coaches and chaperones **from the same club** may use purchased poolside passes 'on rota', although the number of coaches and/or chaperones on poolside at any one time must not exceed the number of passes that have been paid for.

Passes will need to be worn at all times. Anyone without a pass will be asked to leave poolside/changing area.

The closing date for passes will be the same as the closing date for entries. Applications will not be accepted on the day.

Health and Safety

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

It is the responsibility of the swimmer and/or parent/guardian to declare to the referee any disability or medical condition that could present a health or safety risk.

If such a disability or medical condition exists, swimmers must produce a medical note confirming that their participation presents no health or safety problems.

In addition to the above meet conditions a number of Health and Safety rules as laid down by Swim Wales must be observed:

1. Unacceptable Behaviour – Behaviour becomes “unacceptable” when it is considered “Offensive” to others. This includes, but is not limited to the following:

Theft, wilful damage to property and/or equipment, acts of vandalism, abuse of alcohol and/or drugs, bullying, offensive language, aggressive/violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions/directions, actions that bring the sport of swimming into disrepute.

2. Competitive Start Award - Swimmers must have achieved the standard of the Competitive Start Award in order that they start the events by a dive either from the side of the pool or the starting blocks. Swimmers who have not achieved the Competitive Start Award must start in the water. It is the responsibility of the coach to ensure the swimmer has reached the standard of the Competitive Start Award.
3. Jewellery – For safety and security reasons. The wearing of jewellery is not permitted while in the water during warm-up, swim down and/or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs) and rings (except wedding bands).

Swim Wales will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

4. Video and Photography.

Swim Wales Film and Photography Policy

Please be advised that photographs and videos may be taken at this event. Swim Wales are aware of the wide range of devices including mobile telephones that have photographic and filming capabilities. This enables the capture of both static and moving images. Used responsibly, such devices are perfectly safe, but sharing images widely may betray a confidence or identity of a child/children which may present a risk of harm to the child/children concerned. The use of such equipment is difficult to control but we can all be vigilant. If you have any concerns or safeguarding queries, please bring them to the immediate attention of the event management team. The full swim Wales Photography Guidance Policy can be found on the Swim Wales website.

Data Protection

The Region, along with the Governing Body will use computers to record entry times and results. By submitting entries you are accepting the conditions and consent is hereby given for holding personal information relating to the sport of Swimming as required by the current Data Protection Act.

The organisers retain the right to amend these conditions if necessary, without notice.

Programme of Events

Sunday, 22nd March 2020				
SESSION 1				
Event No	Ages	M/F	Distance	Stroke
1	10, 11, 12	F	200	Freestyle
2	9, 10, 11, 12	M	50	Butterfly
3	9, 10, 11, 12	F	50	Butterfly
4	9, 10, 11, 12	M	100	Breaststroke
5	9, 10, 11, 12	F	100	Breaststroke
6	9, 10, 11, 12	M	50	Freestyle
7	9, 10, 11, 12	F	50	Freestyle
8	9, 10, 11, 12	M	100	Backstroke
9	9, 10, 11, 12	F	100	Backstroke
10	10, 11, 12	M	200	Breaststroke
11	10, 11, 12	F	200	Breaststroke

SESSION 2				
12	10, 11, 12	M	200	Freestyle
13	9, 10, 11, 12	F	50	Breaststroke
14	9, 10, 11, 12	M	50	Breaststroke
15	10, 11, 12	F	200	Butterfly
16	10, 11, 12	M	200	Butterfly
17	9, 10, 11, 12	F	50	Backstroke
18	9, 10, 11, 12	M	50	Backstroke
19	9, 10, 11, 12	F	100	Freestyle
20	9, 10, 11, 12	M	100	Freestyle

SESSION 3				
21	9, 10, 11, 12	M	100	Fly
22	9, 10, 11, 12	F	100	Fly
23	10, 11, 12	M	200	Backstroke
24	10, 11, 12	F	200	Backstroke
25	9	M	100	I.M.
26	9	F	100	I.M.
27	10, 11, 12	M	200	I.M.
28	10, 11, 12	F	200	I.M.

Swimmers may enter a MAXIMUM of 5 events.

WEST WALES REGION –‘NO TIME’ GALA
17th March 2019

ENTRY FORM

Name in full:.....

Age (31st December 2020):..... Date of Birth: DD/ MM/ YYYY M/F:.....

Address:

.....

Post Code:..... Tel No:.....

Club Name:.....

Swim Wales Membership Number:.....

Please enter ‘NT’ or entry time in the boxes below.

NB: Any times submitted must be at least 12 months old on the day of the NT Gala
Swimmers may enter a MAXIMUM of 5 events.

	50m	100m	200m
Butterfly	9/12 Years	9/12 Years	10/12 Years
Backstroke	9/12 Years	9/12 Years	10/12 Years
Breaststroke	9/12 Years	9/12 Years	10/12 Years
Freestyle	9/12 Years	9/12 Years	10/12 Years
Individual Medley		9 Years ONLY	10/12 Years

The entry fees for the ‘No Time’ Gala will be £4.00 per event. Swimmers may enter a **MAXIMUM** of 5 events.

I declare that the above information is correct and agree to abide by the Meet conditions. I accept there will be no refund of entry fees, unless the gala is oversubscribed.

I also confirm that the above competitor **has/has not** (please delete as appropriate) achieved the ASA Competitive Start Award

Signature of Competitor/Parent:..... Date:.....

Signature of Coach:.....

Closing Date: Monday, 2nd March 2020

WEST WALES REGION
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22nd March 2020

Affix passport style
photograph here.

COACH/CHAPERONE ACCREDITATION FORM

PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

FULL NAME:

NAME OF CLUB:

POSITION e.g Club Coach:.....

ADDRESS:.....

..... POST CODE:

TEL NO: FAX NO:.....

EMAIL:.....

SWIM WALES REGISTRATION NUMBER :.....

DBS NUMBER:

Please note only members registered with Swim Wales or the ASA and having a current DBS check are eligible for a coach/chaperone pass.

No passes will be available on the day and must be purchased beforehand.

There will be no access to the poolside without a coach/chaperone pass.

All completed forms to be returned to Rob Williams.

Closing Date: Monday, 2nd March 2020

WEST WALES REGION – ‘NO TIME’ GALA – 22nd March 2020
Closing date for entries: Monday, 2nd March 2020

Payment Summary Sheet

Please return this form together with:

1. Entry Forms
2. Cheque made payable to **“West Wales Region – Swim Wales”**.
3. Coach/Chaperone Accreditation Forms
4. SAE for confirmation of entries

Club			
Name			
Address			
Post Code		Tel No	
Email			
Position in Club			

Summary

	Number		
Total Individual Entries		@ £4.00	£
Total Poolside Passes		@ £6.00	£
Total Cheque Enclosed made payable to “West Wales Region – Swim Wales” .			£

It is requested that a single cheque for the complete club entry is submitted.

I confirm all swimmers are current members of Swim Wales and have paid the appropriate membership fee.

I declare that only our team members who have reached the standard of the ASA Competitive Start Award will be permitted to start from the poolside. Those who have not will start in the water.

I confirm all the Meet Conditions have been brought to the attention of swimmers, parents/guardians and coaches including the rules regarding photography.

I agree to abide by the conditions laid down by the West Wales ‘No Time’ Gala Management Committee for this event.

Signature Date:

**Return to: Rob Williams, 12 Park Terrace, Pontarddulais, Swansea. SA4 8HS.
Email: robwilliams1145@gmail.com**